



# 30 FOR 30 30 DAYS OF SPRING CLEANING

Let's get to work and make our homes shine!

Turn on some music and let's begin! Remember, you don't have to do it all in a day. Take it one day at a time, or maybe even one room at a time, and take time for little breaks in between tasks to recharge and refuel.



DECLUTTER

CLEAN

1 <input type="checkbox"/> CLEAN OUT YOUR PURSE AND WALLET	2 <input type="checkbox"/> CLEAN OUT YOUR REFRIGERATOR	3 <input type="checkbox"/> CLEAN OUT YOUR FREEZER	4 <input type="checkbox"/> CLEAN YOUR DESK, CREATE A FILE SYSTEM FOR DOCUMENTS	5 <input type="checkbox"/> CLEAN OUT A JUNK DRAWER	6 <input type="checkbox"/> DUST CEILING FANS AND LIGHT FIXTURES	7 <input type="checkbox"/> CLEAN OUT OVEN AND MICROWAVE
8 <input type="checkbox"/> CLEAN OUT YOUR PANTRY	9 <input type="checkbox"/> DUST OFF BOOKSHELVES AND FRAMES	10 <input type="checkbox"/> WASH SHEETS AND BLANKETS	11 <input type="checkbox"/> DEEP CLEAN BATHROOMS	12 <input type="checkbox"/> CLEAN OUT WASHING MACHINE AND DRYER LINT TRAP	13 <input type="checkbox"/> WIPE DOWN KITCHEN CABINETS AND DOORS	14 <input type="checkbox"/> CLEAN OUT UNDER BEDS AND DRESSERS
15 <input type="checkbox"/> CLEAN OUT KITCHEN UTENSIL DRAWER	16 <input type="checkbox"/> VACUUM AND STEAM CLEAN RUGS	17 <input type="checkbox"/> CLEAN OUT BELOW KITCHEN SINK	18 <input type="checkbox"/> WIPE DOWN ALL EXTERIOR APPLIANCES	19 <input type="checkbox"/> CLEAN OFF WINDOW SILLS AND BLINDS	20 <input type="checkbox"/> STORE AWAY WINTER GEAR FOR THE SEASON	21 <input type="checkbox"/> CLEAN OUT SHOE TRACK AND ENTRY WAY STORAGE
22 <input type="checkbox"/> CLEAN OUT THE LAUNDRY ROOM SHELVES	23 <input type="checkbox"/> WIPE DOWN BASEBOARDS	24 <input type="checkbox"/> CLEAN THE WINDOWS	25 <input type="checkbox"/> ORGANIZE CLOSETS AND DRAWERS	26 <input type="checkbox"/> SANITIZE ELECTRONICS AND REMOTE CONTROLS	27 <input type="checkbox"/> DECLUTTER AND DONATE UNUSED ITEMS	28 <input type="checkbox"/> SWEEP AND MOP ALL FLOORS
29 <input type="checkbox"/> ORGANIZE GARAGE	30 <input type="checkbox"/> KICK BACK WITH A CUP OF TEA AND A GOOD BOOK!	Thanks for joining us for our Commit30 Spring Cleaning Challenge! For more goal-getting inspiration and tips, be sure to join our private goal-getters group ( <a href="https://www.facebook.com/commit30">www.facebook.com/commit30</a> ) and follow us on Instagram at @commit30				

SIMPLIFY

